



# ESSEX COUNTY OFFICE OF PUBLIC HEALTH MANAGEMENT NEWSLETTER



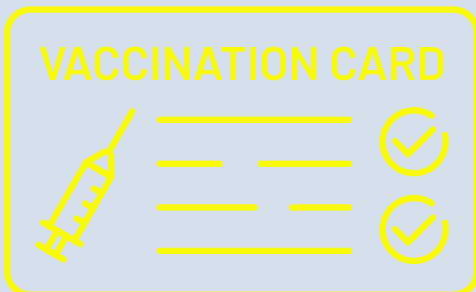
## MOBILE HEALTH CLINIC

Essex County and RWJBarnabas Health have partnered together to provide Mobile Health Clinics throughout the County. These clinics will bring health screenings, educational information and referrals to underserved residents. It is part of our ongoing initiative to promote wellness and healthy lifestyles. For a schedule of upcoming clinics, scan the QR Code or visit [Essexcountynjhealth.org](https://www.essexcountynjhealth.org).

Scan the QR Code below  
for our Mobile Health  
Clinic Schedule



## VACCINES FOR CHILDREN PROGRAM



Vaccines For Children Clinics are available by appointment only and offer free ACIP Vaccines to children through 18 years of age. To schedule an appointment or learn more, call our Call Center at 973-877-8456. Visit [essexcountynjhealth.org/imunizations](https://www.essexcountynjhealth.org/imunizations) for eligibility requirements.



# ACCESS TO CARE-FEASIBILITY STUDY



Essex County is invested in furthering our efforts to understand the health needs across our county and the opportunities or pathways to implement sustainable solutions to address them. After completing a comprehensive Community Health Assessment (CHA) in 2023, we were able to obtain valuable insight into the county's health needs. The CHA needs assessment was the first step in enhancing our overall capacity to improve the health of all county residents.

Now, we are excited to announce we have begun the next phase. The Essex County Office of Public Health Management (ECOPHM) is conducting a county-wide Access to Care Feasibility Study. The purpose of this study is to investigate and improve access to preventative and primary healthcare services in Essex County.

We continue to enhance and address the healthcare needs of all of Essex County. Working together we will continue Putting Essex County's Health First.





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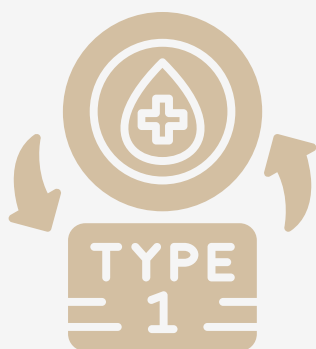
# AMERICAN DIABETES MONTH



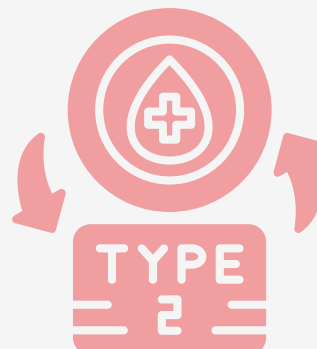
Diabetes mellitus is a group of diseases that affects how the body uses sugar. This condition can affect the blood sugar levels within your body. When left untreated it can cause serious health complications.



Your body will tell you when something is wrong. Keep a look out for signs of frequent urination, excessive thirst, fatigue, cuts or sores that are slow to heal, blurred vision, or numbness and tingling in the hands or feet.



Type 1 Diabetes is an autoimmune chronic condition where the body produces little to no insulin to sustain the body.



Type 2 Diabetes is a chronic condition where the body is not making enough or does not respond to insulin.

Without insulin, overtime the body will develop high blood sugar which can affect and deteriorate the body. If you or a loved one are experiencing any symptoms, schedule a visit with your doctor to further talk about your symptoms.

For more information check out: [www diabetes.org](http://www.diabetes.org)