

ESSEX COUNTY OFFICE OF PUBLIC HEALTH MANAGEMENT

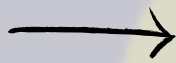
Monthly Health Newsletter

Mobile Health Clinic Coming to a Neighborhood Near You



Essex County and RWJBarnabas Health are partnering together to present Mobile Health Clinics throughout the County. These clinics will bring health screenings, educational information and referrals to underserved residents. It is part of our ongoing initiative to promote wellness and healthy lifestyles. For a schedule of upcoming clinics, scan the QR Code or visit Essexcountynjhealth.org/

Scan the QR Code
on the right to
view the Mobile
Health Clinic
Weekly Schedule



Joseph N. DiVincenzo, Jr.,
Essex County Executive
And The Board of County Commissioners



Through our Office of Public Health, we are committed to promoting the health and well-being of our residents. The tips and information included in this newsletter can help guide you on a path toward a healthier lifestyle.

Joseph N. DiVincenzo, Jr.





World Aids Day 2023

↓ **LEARN MORE**

World AIDS Day is observed on December 1 each year to bring awareness globally to those affected by **HIV** (human immunodeficiency virus).



HIV is a virus that attacks the body's immune system. If HIV is not treated, it can lead to **AIDS** (acquired immunodeficiency syndrome).



PREVENTION

There are many strategies to prevent the spread of HIV, one being prevention medicines such as pre-exposure prophylaxis (PrEP) and post-exposure prophylaxis (PEP).

[For more HIV Prevention topics, click here.](#)

TESTING



The only way to know your HIV status is to get tested.

CDC recommends everyone between the ages of 13 and 64 get tested for HIV at least once.

[For more HIV Testing topics, click here.](#)

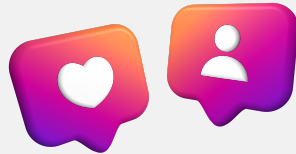


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Public Health Management
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