

# ESSEX COUNTY OFFICE OF PUBLIC HEALTH MANAGEMENT

Monthly Health Newsletter

## Mobile Health Clinic Coming to a Neighborhood Near You



Essex County and RWJBarnabas Health are partnering together to present Mobile Health Clinics throughout the County. These clinics will bring health screenings, educational information and referrals to underserved residents. It is part of our ongoing initiative to promote wellness and healthy lifestyles. For a schedule of upcoming clinics, scan the QR Code or visit [Essexcountynjhealth.org/](https://Essexcountynjhealth.org/)

Scan the QR Code below to view the Mobile Health Clinic Weekly Schedule



**Joseph N. DiVincenzo, Jr.,**  
**Essex County Executive**  
**The Board of County Commissioners**

*Through our Office of Public Health, we are committed to promoting the health and well-being of our residents. The tips and information included in this newsletter can help guide you on a path toward a healthier lifestyle.*

*Joseph N. DiVincenzo, Jr.*



# Electronic Cigarettes (Vaping)



[CDC: Smoking & Tobacco Use](#)

Electronic Cigarettes (e-cigarettes) produce an aerosol by heating a liquid that usually contains nicotine, flavorings, and other chemicals that help to make the aerosol.



Some e-cigarettes look like regular cigarettes, cigars, or pipes.  
Some look like USB flash drives, pens, and other everyday items.

Source: Centers for Disease Control and Prevention

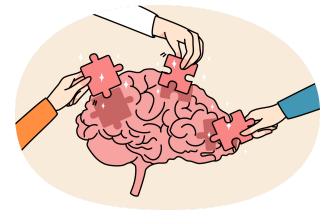
Users inhale e-cigarette aerosol into their lungs. Bystanders can also inhale aerosol when the user exhales it into the air.



E-cigarette devices also can be used to deliver marijuana and other drugs.



**Nicotine is a highly addictive chemical, and can harm brain development to anyone under 25 years of age.**



[For more Information about Electronic Cigarettes for Parents, Educators, and Health Care Providers](#)  
[Click Here](#)