



**Joseph N. DiVincenzo, Jr.,
Essex County Executive
The Board of County Commissioners**

Through our Office of Public Health, we are committed to promoting the health and well-being of our residents. The tips and information included in this newsletter can help guide you on a path toward a healthier lifestyle.

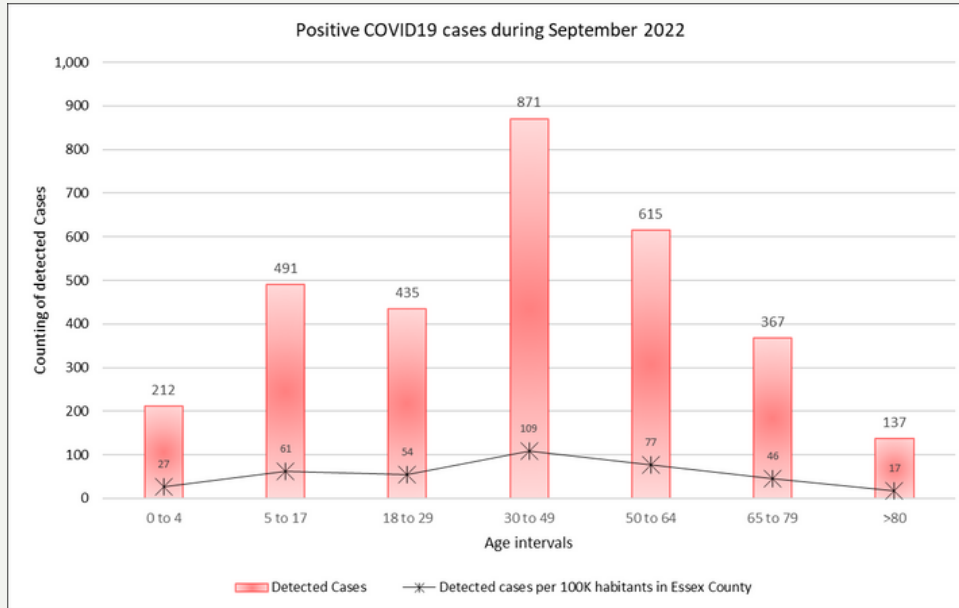
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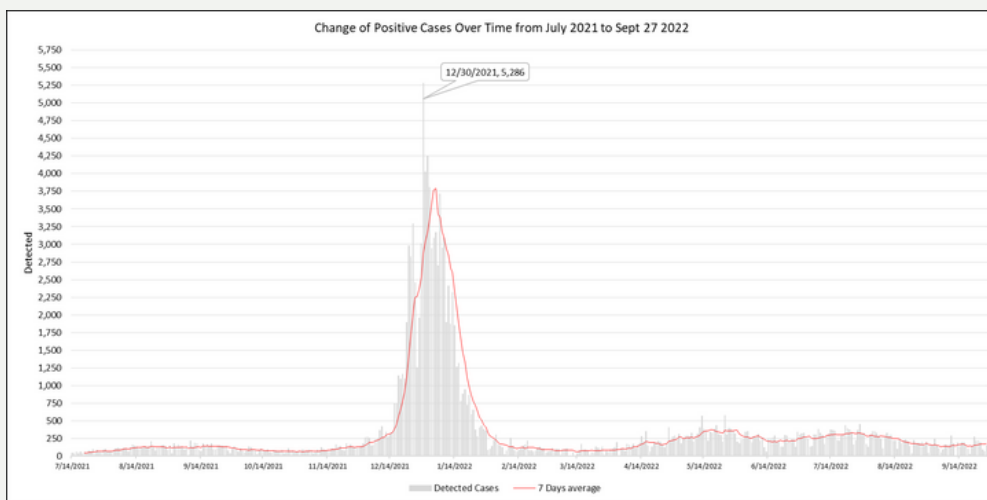
Essex County Office of Public Health Management



COVID-19 Updates for Essex County



The graph above depicts the number of detected COVID-19 cases from August 30th to September 27th 2022, and positive cases per each 100 thousands habitants of the County of Essex.



The graph above shows the change over time of COVID-19 cases in the County of Essex.



Breast Cancer Awareness Month

Breast Cancer is the second most common cancer among women in the United States. Black women die from breast cancer at a higher rate than White women.



A breast cancer screening cannot prevent breast cancer, but it can help find breast cancer early, when it is easier to treat.

Breast Cancer Screening Guidelines for Women

National Mammography Program

Newark Beth Israel Breast Health Services

Hackensack Meridian Health Breast Cancer Treatment and Care