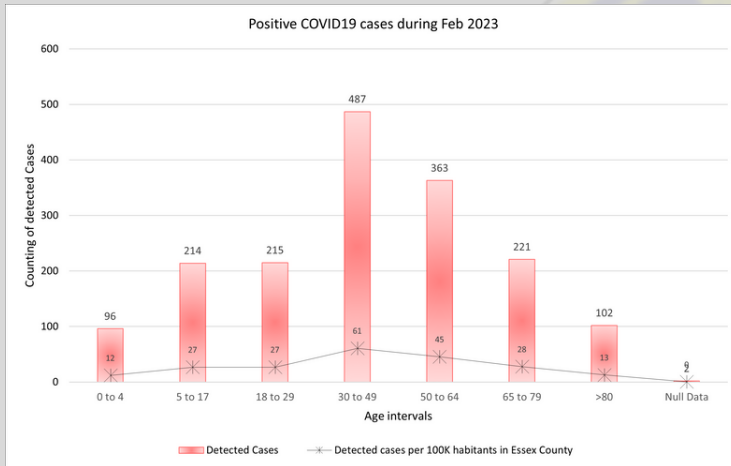


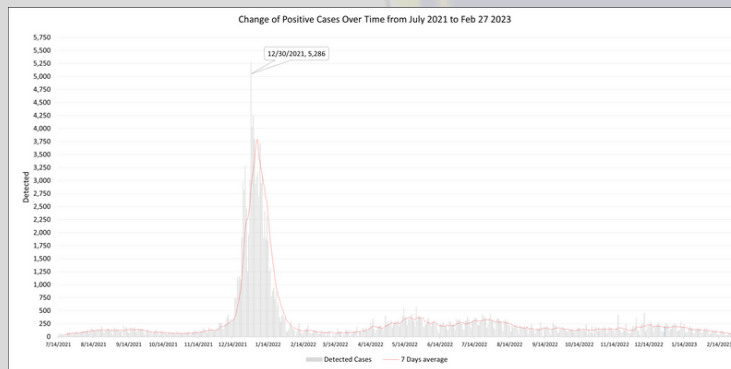
ESSEX COUNTY OFFICE OF PUBLIC HEALTH MANAGEMENT

Monthly Health Newsletter

COVID-19 Updates for Essex County



The graph depicts the number of detected COVID-19 cases from January 31, 2023 to February 27, 2023 and positive cases per each 100 thousand habitants of the County of Essex.



The graph shows the change over time of COVID-19 cases in the County of Essex.



Joseph N. DiVincenzo, Jr.,
Essex County Executive
The Board of County Commissioners


Through our Office of Public Health, we are committed to promoting the health and well-being of our residents. The tips and information included in this newsletter can help guide you on a path toward a healthier lifestyle.

Joseph N. DiVincenzo, Jr.

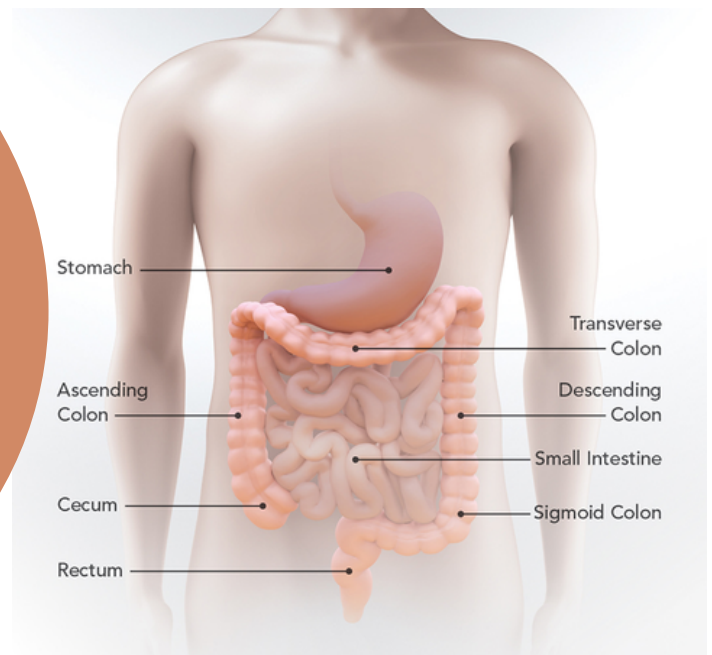


Public Health
 Prevent. Promote. Protect.

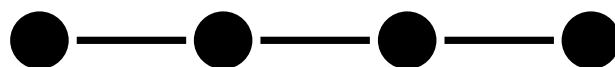
Colorectal Cancer Awareness Month

 **Colorectal cancer** is a disease in which cells in the colon or rectum grow out of control. Sometimes abnormal growths, called polyps, form in the colon or rectum. Over time, some polyps may turn into cancer.

This illustration shows the location of the stomach, small intestine, cecum, ascending colon, transverse colon, descending colon, sigmoid colon, and rectum.



➤ A colonoscopy is one of several screening tests for colorectal cancer. Talk to your doctor about which test is right for you.



The U.S. Preventive Services Task Force recommends that adults age 45 to 75 be screened for colorectal cancer.

[CLICK HERE](#)



Joseph N. DiVincenzo, Jr.,
 Essex County Executive
 The Board of County Commissioners
 Essex County Division of Public Health Management




"To help us better understand the needs of our residents, we are conducting a community survey. The survey will help us identify areas of concern, learn about health issues that are important to our residents and be proactive when planning our public health initiatives. We hope that you take just a few minutes to complete our on-line questionnaire."

Joseph N. DiVincenzo, Jr.

Is Essex County Healthy?

The Healthy Essex Coalition is conducting a survey to understand the concerns and health needs of Essex County residents.

✓ Essex County residents who are 18 and older are encouraged to participate. 




To access the survey, open your camera app and point it at the QR Code on the left. Tap the banner on top of the screen to access the survey.

Click the upper right corner to select the language desired.

SURVEY LINK 

<https://strategiehealthadvisers.surveyparrot.com/s/essexcommunityvoices/tt-vcDm9EuJVYxFmP6vKmex8J>

Putting Essex County First