

# Essex County Office of Public Health Management



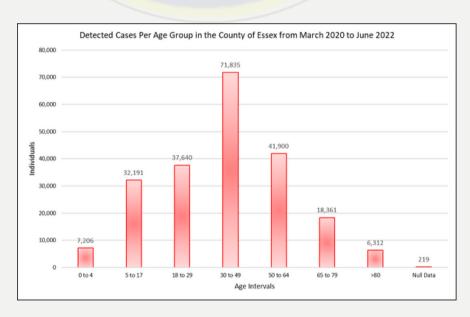
Joseph N. DiVincenzo, Jr., Essex County
Executive

The Board of County Commissioners
And the Essex County Office of Public
Health Management

Through our Office of Public Health, we are committed to promoting the health and wellbeing of our residents. The tips and information included in this newsletter can help guide you on a path toward a healthier lifestyle.

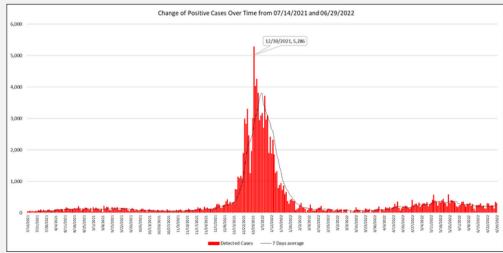
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### COVID-19 Updates for Essex County



The graph shows the distribution of positive cases by age from March 2020 to June 2022.

The graph shows the Covid19 disease onset from July 2021 to June 2022.



#### **MONTHLY NEWSLETTER**

#### **July 2022**



## Essex County COVID-19 Vaccination & Testing Locations







Sears Building, 112 Eisenhower Parkway, Livingston Mall Thursdays & Fridays from 2 to 7 p.m. & Saturdays from 8 a.m. to 2 p.m.

Tuesdays from 3 to 7 p.m.
Essex County Hall of Records, 465 Dr. Martin Luther King, Jr. Blvd., Newark

Wednesdays from 3 to 7 p.m.
Orange City Hall, 29 North Day Street, Orange

Thursdays from 3 to 7 p.m.
Irvington Town Hall, 1 Civic Square, Irvington

Fridays from 3 to 7 p.m.
East Orange City Hall, 44 City Hall Plaza, East Orange

Moderna, Pfizer and J&J vaccines are available.

Everyone ages 5 and older are eligible to receive a COVID-19 vaccine.

Appointments for vaccinations are not required. However, if you would like to make an appointment, visit EssexCOVID.org or call 973-877-8456. Appointments for testing are not required.

There are no out-of-pooket costs to receive vaccines. Residents will be asked to provide their medical insurance information so Essex County bill the insurance company \$40 for each dose of the vaccine. If you do not have insurance, the cost of the vaccine will be covered by the Health Resources and Services Administration's Provider Relief Funds.

Putting Essex County's Health First

Pfizer & Moderna
vaccines are now
available for
children 6 months
to 4 years
Appointment
Required

#### Information for parents and caregivers:

•COVID-19 Vaccines for Children and Teens | CDC •Frequently Asked Questions about COVID-19 Vaccination in Children | CDC

·<u>6 Things to Know about COVID-19 Vaccination for Children | CDC</u> ·<u>V-safe After Vaccination Health Checker | CDC</u>

For more information on Testing and Vaccinations, visit <u>EssexCountyNJ.org</u>



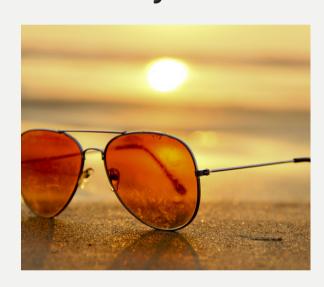
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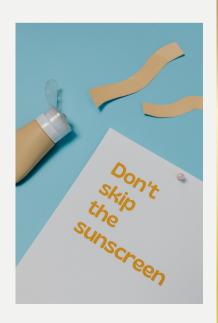
## July is UV Safety Awareness Month

Unprotected sun exposure can cause vison problems and damage to your eyes, premature aging of the skin, skin cancer, and suppress your immune system.

# Tips to protect yourself from sun exposure:

- Wear shade protective clothing (hats, pants, long-sleeve shirts, and sunglasses for eye protection)
- Stay in shaded areas
- Wear sunscreen





The US FDA recommends sunscreen with a Sun Protective Factor (SPF) of at least 15.

When in the sun, you should apply at least a palmful of sunscreen every 2 hours. It should be applied more frequently if you're sweating or swimming.