



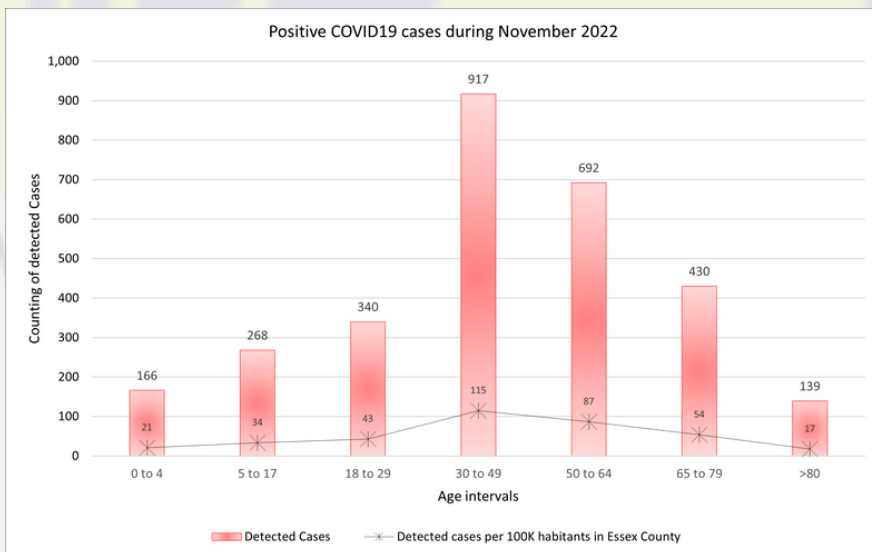
**Joseph N. DiVincenzo, Jr.,  
Essex County Executive  
The Board of County Commissioners**



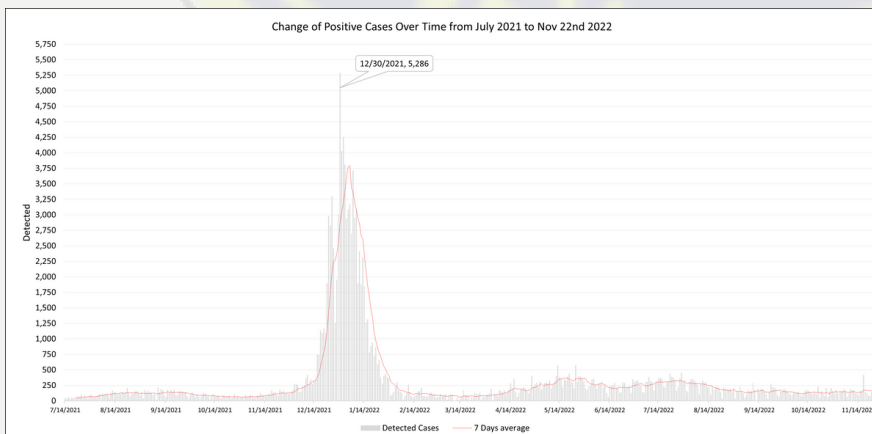
*Through our Office of Public Health, we are committed to promoting the health and well-being of our residents. The tips and information included in this newsletter can help guide you on a path toward a healthier lifestyle.  
Joseph N. DiVincenzo, Jr.*

## Essex County Office of Public Health Management

### COVID-19 Updates for Essex County.



The graph above depicts the number of detected COVID-19 cases from October 26, 2022 to November 22, 2022, and positive cases per each 100 thousand habitants of the County of Essex.



The graph above shows the change over time of COVID-19 cases in the County of Essex.



HIV (human immunodeficiency virus) is a virus that attacks the body's immune system.

If HIV is not treated, it can lead to AIDS (acquired immunodeficiency syndrome).

There is currently no effective cure. Once people get HIV, they have it for life, however with proper medical care, HIV can be controlled.

The only way to know your HIV status is to get tested. Knowing your status gives you powerful information to keep you and your partner healthy.

### HOW DO I KNOW IF I HAVE HIV?

The only way to know for sure whether you have HIV is to **get tested**.

Many HIV tests are **quick, free, and painless.**



Free or low-cost tests



HIV self-tests



In-person HIV tests

Knowing your HIV status helps you make healthy decisions to prevent getting or transmitting HIV.



For more information, visit [www.cdc.gov/hiv/basics/index.html](http://www.cdc.gov/hiv/basics/index.html)



## Commonly Asked Questions

How do I find an HIV test?

How does taking an HIV test help me?

What types of tests are available, and how do they work?





[YouTube.com/NewJerseyDepartmentofHealth](https://www.youtube.com/NewJerseyDepartmentofHealth)



Our Way Forward: Why a Booster Shot Matters



[Click here to watch the video!](#)

